

Psalms Listed by Mood

The following chart lists categories that reflect the variety of emotions and circumstances of both the Psalms and our own lives. As you begin your time of prayer, choose the category which best describes your need or emotional state. To the right of the category you will find a list of Psalms that serve to express that sentiment. Prayerfully read the Psalm and ask the Lord to speak to you through it. Record what you send Him showing, revealing and speaking to your heart.

Category	Psalm
Your contemplative meditations	8, 19, 36, 68, 77, 87, 89, 90, 114, 132
Your adoration for who God is	8, 11, 23, 24, 67, 75, 84, 93, 95-97, 100, 117, 134, 139, 145-150
Your worship for what God has done in creation	33, 66, 76, 98, 99, 104, 105, 108, 124, 135, 136
Your praise and worship for what God continues to do	27, 29, 46, 47, 65, 103, 104, 111, 113, 121
Your thanksgiving for what God has done for you	9, 18, 21, 30, 34, 40, 48, 66, 92, 107, 116, 118, 126, 138
Your submission to God	16, 25, 27, 56, 62, 71, 101, 131
Your hope in the Messiah	2, 8, 16, 22, 26, 45, 69, 72, 89, 110, 118, 132
Your confidence in His Word	1, 19, 50, 119
Your meditations on wisdom	1, 14, 15, 37, 49, 53, 91, 112, 125, 127, 133
In struggle with temptation	73, 141
Your desire for guidance from the Lord	5, 25, 27, 61, 143
In confession and sorrow for sin	6, 32, 51, 106, 130
In distress or need in general	3-5, 7, 17, 28, 43, 54, 57, 59, 70, 86, 108, 123, 144
Your prayers for the needs of another	20, 72, 85, 115, 122, 128
In pain or frustration when there is illness	6, 38, 41, 88, 102
In discouragement or hurt	13, 22, 26, 42, 60, 69, 74, 79, 142
In sorrow or hope near death	23, 31, 39, 63, 88, 143
In grief or mourning	6, 31, 77, 137
Your expression of God's righteous anger at His enemies	49, 50, 78, 81, 82
Anger at those hostile to God	10, 12, 35, 40, 52, 55, 58, 64, 69, 83, 94, 109, 120, 129, 140
Anger with God	44, 80, 137